

Campus Counseling

Counseling is an opportunity to discuss personal concerns or issues with a therapist and explore ways of working through them. Some students may choose to utilize counseling services over the course of a semester or year, while others may only need a few appointments to discuss a current situation in order to gain clarity and/or direction.

At Wilkes University, students access support for concerns such as stress, anxiety, depression, grief, identity issues, eating issues, interpersonal conflicts with peers and family, substance issues, adjustment issues, etc. Individuals can schedule appointments Monday - Friday between 8:30 a.m. - 4:30 p.m. Referrals to community agencies and other professionals are made as necessary. Counseling staff welcomes the opportunity to provide education and support to the campus community. We collaborate with student groups and professional staff of the University to provide workshops or trainings on topics of special interest or concern.

Wilkes University Support Line 570-408-CHAT (2428) will be available 24/7 for any student crisis. This line is staffed with Masters and Doctoral level counselors who are trained specifically in college student mental health. Support is available to students who may be experiencing any mental health issue as well as students who may be experiencing an emergency situation. Our hope is that our Support Line service will be complementary to counseling services presently available to students. We want to provide comfort and care for students by letting them know that despite their circumstances, support is always available.