# WILKES UNIVERSITY NESBITT SCHOOL OF PHARMACY and GEISINGER HEALTH SYSTEM Assessing Cross-Pharmacy Discipline Collaboration Related to Transitions of Care Letitia Warunek, PharmD, BCPS; Liam Bartko, PharmD Candidate 2022; Jaycee Blair, PharmD Candidate 2023; Brenda Gruver, PharmD

# BACKGROUND

- Research demonstrates that incorporation of a pharmacist into initiatives aimed at transitions of care (TOC), such as medication reconciliations and discharge counseling, can help in improving clinical outcomes for patients
- There is sufficient evidence published regarding the communication between pharmacists and their patients, but there is limited to no research done on cross-pharmacy discipline communication, especially in relation to TOC activities.

## OBJECTIVES

#### Primary Objective

- To assess the extent of cross discipline communication between pharmacists during patient TOC.
- Secondary Objectives
  - To assess whether there is an association between patterns of pharmacist communication among the different practice settings during patient TOC.
  - To evaluate the potential barriers and facilitators to cross discipline communication between pharmacists.

# METHODS

- An anonymous online Qualtrics survey consisting of 20 questions was deployed by email to all pharmacists practicing in hospitals, clinics, telepharmacies, at home care, community pharmacies, and mail order pharmacies within a multisite regional healthcare system. This health system was chosen for its inclusive model which encompasses all aspects of healthcare.
- To be included in the study, the participant must be a fully-licensed, practicing pharmacist who provides direct patient care. An email explaining the purpose of the study was sent to these pharmacists along with one reminder email a week later to obtain maximum participation during the two week period in which the survey was open.
- The survey tool was created by the researchers after obtaining verbal feedback from three practicing pharmacists working in hospital, community, and ambulatory care settings outside the healthcare system. Survey participants provided answers utilizing a combination of multiple choice, select all that apply, open ended, and likert-type scale questions. Survey data for time spent was collected categorically and may equate to greater than a 40 hour week.

# RESULTS

- All participants reported reaching out to a pharmacist in another practice setting within the same health system during their normal work week.
- Only 62 (68.9%) participants reported reaching out to pharmacists in settings outside the health system of which 47 (75.8%) reporting only doing so 0-10% of their time

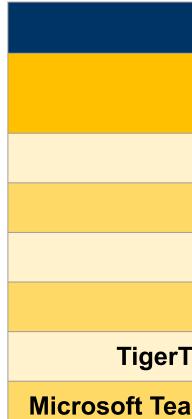
# REFERENCES

Mekonnen AB, McLachlan AJ, Brien JA. Effectiveness of pharmacist-led medication reconciliation programmes on clinical outcomes at hospital transitions: a systematic review and meta-analysis. *BMJ Open*. 2016;6(2):e010003. Published 2016 Feb 23. doi:10.1136/bmjopen-2015-010003

#### Percentage

### Com

- Ambulator
- Telepha
- Mail
- At Home Se



#### **Study Enro**

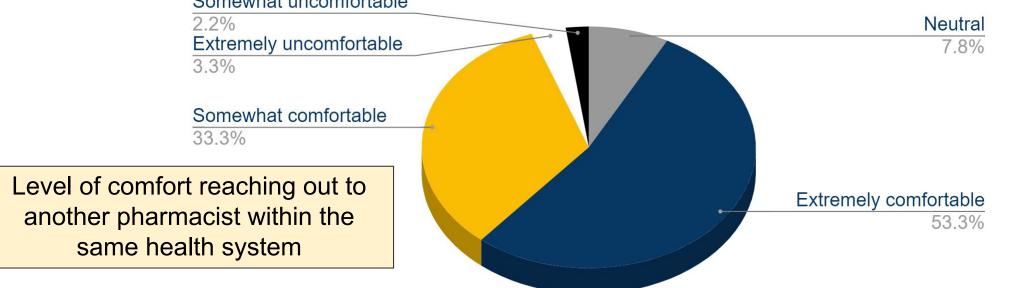
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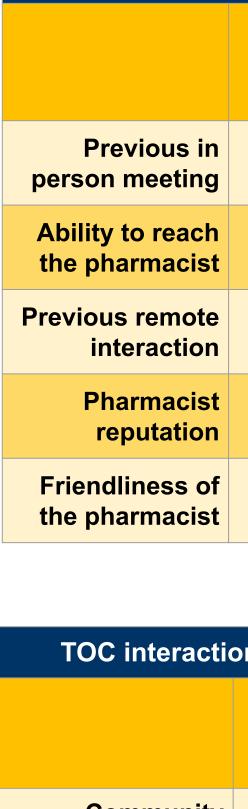
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Reasons fo Respon Respond

of a 40 hour work week pharmacists spent contacting other discipline within the same health system										
	0-10% 11-25% 26-50% 51-75% 76-100%									
munity n= 86	61	14	4	6	1					
patient n=55	34	14	3	2	2					
ry Care n=61	28	20	7	6	0					
armacy n =78	56	15	5	2	0					
l Order n =90	75	9	2	3	1					
ervices n =86	77	8	1	0	0					
Other n=10	9	1	0	0	0					

Forms of Communication Utilized n=90									
	Almost Always	Often	Sometimes	Rarely	Never				
Face-to-face	0	2	15	28	45				
Phone	13	20	26	26	5				
Email	2	9	29	34	16				
Video Chat	0	1	5	19	65				
Text Messenger	17	23	23	19	8				
ams Messenger	33	25	16	9	7				
Somewhat uncomfortable									





TOC interaction	ons across d	isciplines wit	hin the same	health syste	m n=90	Factors that Impa	ict Level o	f Satisfactio	on n=90	Top Response Themes to Open Ended Questions			
	Extremely	Somewhat	Neither Positive or	Somewhat	Extremely		Positive Impact	Negative Impact	N/A	Barriers (n=58)			
	Positive	positive	Negative	Negative	Negative	Dharmaaiat		•		Not knowing who to contact (44.8%)			
Community	30	29	27	3	1	Pharmacist Response Rate	75	10	5	Time (27.6%) Long wait times or response times (15.5%)			
Inpatient	40	32	16	1	1	Length of	00	0	00	Other (12.1%)			
Ambulatory Care	49	28	12	1	0	Conversation	60	2	28	Helpful Tools (n=38)			
Telepharmacy	38	19	32	1	0	Relevance of Conversation	78	1	11	System-wide pharmacist directory (34.2%)			
Mail Order	26	13	49	1	1					Distribution of pharmacist schedules (18.4%) More staffing (10.5%)			
At Home Services	25	9	56	0	0	Results from Conversation	81	3	6	Other (36.9%)			

# PHARMACIST DEMOGRAPHICS

Pharmacist Demographics n=90	n (%)	Pharmacist Practice Experience n=90	n (%)		
Age ≤ 24 years old 25 - 44 years old 45 - 64 years old ≥ 65 years old	1 (1.1%) 65 (72.2%) 20 (22.2%) 4 (4.5%)	Primary Practice Site Inpatient Ambulatory Care Telepharmacy	$\begin{array}{c} 35 \ (38.8\%) \\ 29 \ (32.2\%) \\ 12 \ (13.2\%) \\ 4 \ \ (4.4\%) \\ 4 \ \ (4.4\%) \\ 6 \ \ (6.5\%) \end{array}$		
ex Female Male Prefer not to answer	60 (66.8%) 27 (30.0%) 3 (2.2%)	Community At-home services Other			
ears in Practice < 5 years 5 - 10 years	22 (24.4%) 25 (27.8%)	Completed training focused in TOC	29 (32.2%)		
10 -15 years 15 - 20 years > 20 years	15 (16.7%) 4 (4.4%) 24 (26.7%)	Worked or Trained in Other Disciplines	78 (86.7%)		

ollment	n
per of pharmacists on the email list	412
per of survey responses d n=90 ed n=42	132 (32% response rate)
or exclusion ident did not provide direct patient care ident did not complete all questions	12 30

# RESULTS

F	Factors Important to Pharmacist Comfort Level n=90					Percentage of a 40 hour work we	eek pharma	icists spen	t performiı	ng TOC activ	/iti				
Extremely		Somewhat	Neither	Somewhat	Extremely		0-10%	11-25%	26-50%	51-75%	7				
Important	Important	Important or Unimportant	Unimportant	Unimportant	Obtaining a medication history	43	30	11	5						
	_					Counseling on medications	28	27	13	13					
J	7	23	25	15	20	Providing patient education on	44	14	12	12					
	56	27	4	0	3	disease states	50	00	-7	0					
						Performing warm hand-offs	52	23	7	6					
•	9	30	27	13	13	13	13	13	11	Making follow-up phone calls	44	19	19	4	
						<b>Recommending MTDM* services</b>	42	17	15	6					
	8	30	31	9	12	Reviewing Pharmacist EHR Documentation	26	35	16	9					
f t	29	33	18	5	5	Other n=10	6	1	0	1					

\*MTDM = Medication Therapy Disease State Management. Health system term for pharmacy services provided by pharmacists in Ambulatory Care.

#### QR code to copy of the survey questions utilized



### CONCLUSION

The majority of participants feel either extremely comfortable (53.3%) or somewhat comfortable (33.3%) reaching out to another pharmacist within the health system. However, most contacted other pharmacy disciplines  $\leq 25\%$  of their work week. The ability to reach the pharmacist was the most important factor to pharmacist comfort. Moreover, not knowing who to contact was the biggest barrier. Improving awareness of system-wide pharmacist directories and distribution of pharmacist schedules may improve communication.

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