



Patients' Attitudes Regarding Initiation of Therapy for Osteoporosis After a Fall-Related Fracture

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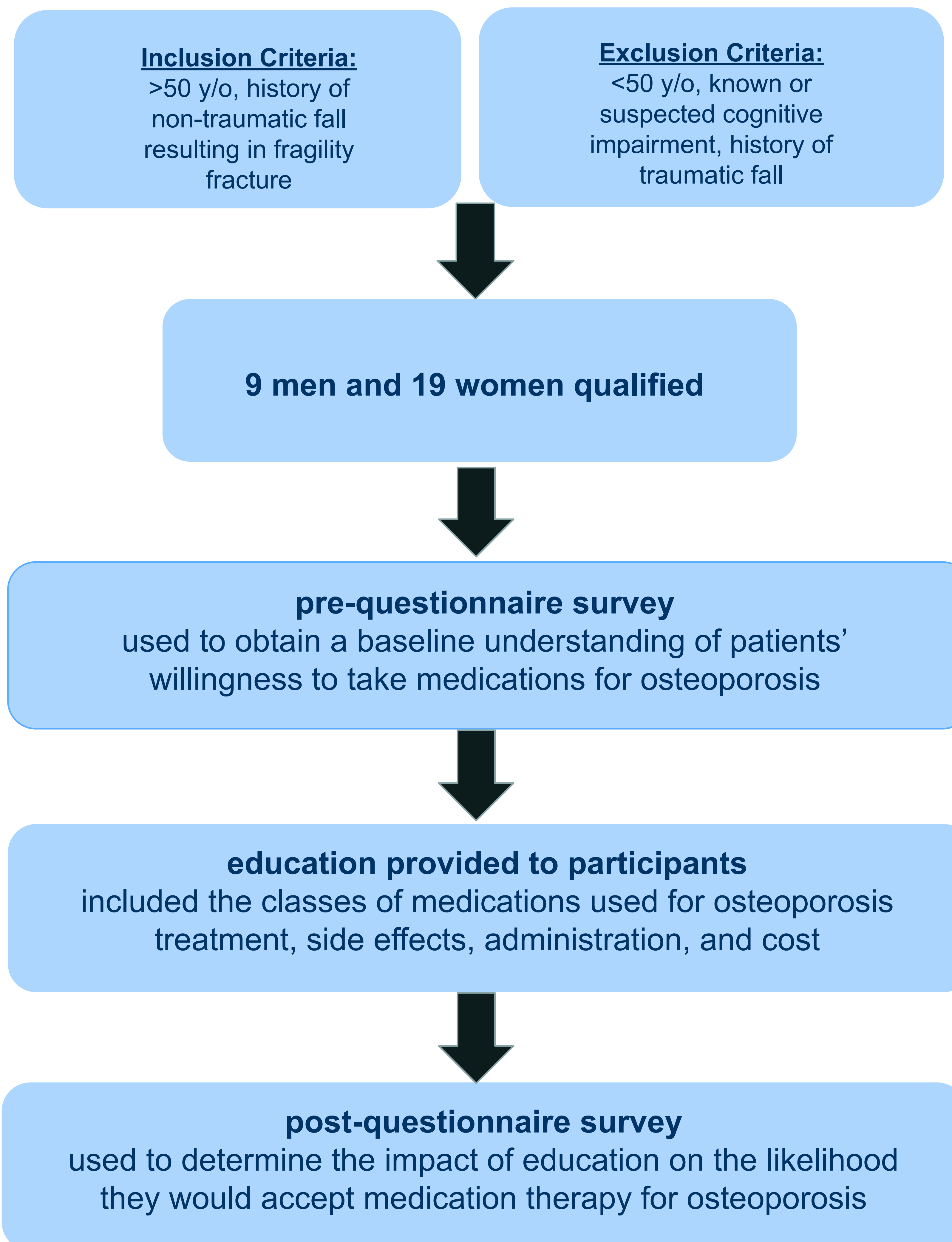
Bottom Line Points:

- A major concern for patients when starting a new medication are side effects, followed by cost and dosage form/inconvenience.
- Providing patient education regarding osteoporosis pharmacologic treatment (cost, side effects, and administration) may increase the patient's willingness to consider initiating one of these treatment options.

Purpose:

The purpose of this study is to survey a group of individuals at an inpatient rehabilitation hospital that have experienced a recent fall-related fracture and evaluate their attitudes towards osteoporosis pharmacologic treatment.

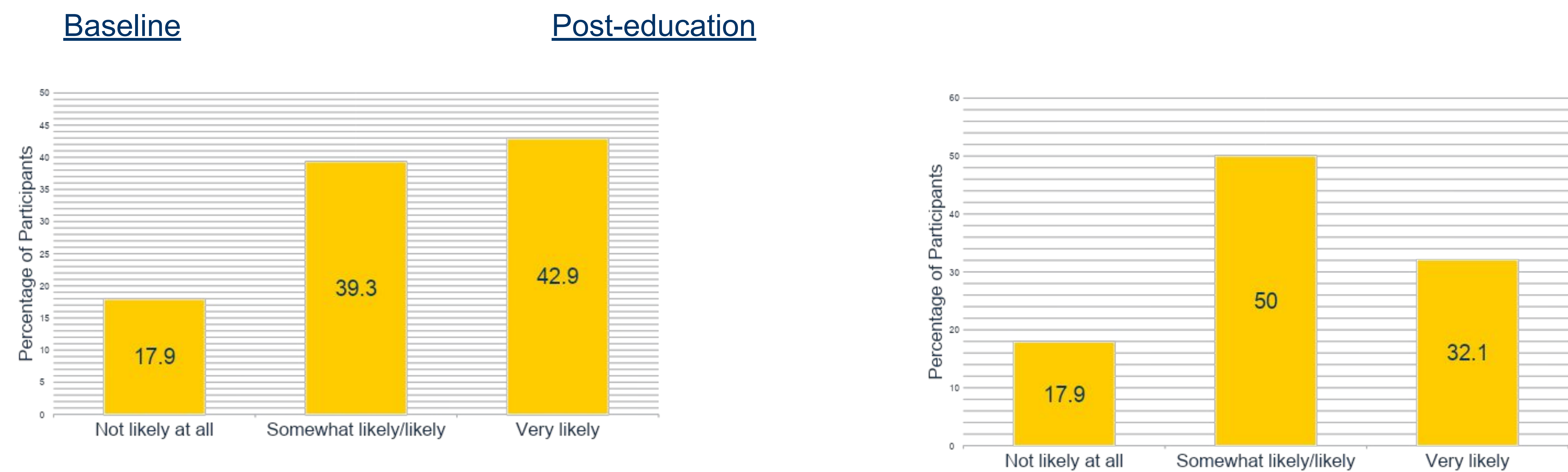
Methods:



Results:

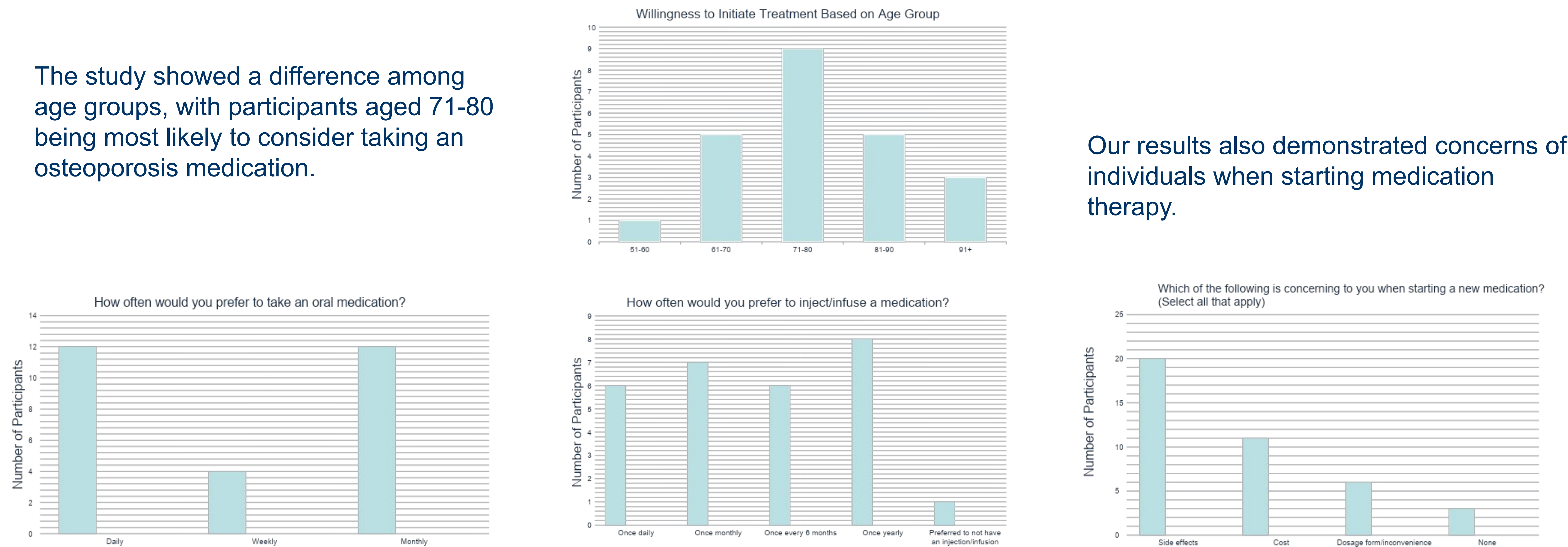
Data from the initial survey was gathered to obtain a baseline understanding of the participant's willingness to take medications for osteoporosis. Immediately following education provided to the participants, data was gathered from the post-questionnaire to determine the impact of education on the likelihood of participants accepting treatment for osteoporosis.

Primary Outcome:



Secondary Outcomes:

The study showed a difference among age groups, with participants aged 71-80 being most likely to consider taking an osteoporosis medication.



Our results also demonstrated concerns of individuals when starting medication therapy.

Conclusion:

Providing patient education regarding osteoporosis pharmacologic treatment may increase the patient's willingness to begin treatment after they have experienced a fall-related fracture. Initiating therapy immediately following an osteoporotic fracture may increase the patient's understanding, acceptance, and adherence to medication therapies.