The University College Academic Support Program provides comprehensive academic support services to promote undergraduate student academic excellence and success. Students engage in active learning, reflection, and collaboration through academic support services that teach foundational skills and strategies and promote independence to achieve academic, personal, and lifelong success.

**Peer Tutoring**
Peer Tutoring supports student success through small group and one-on-one sessions with highly qualified student staff (peer tutors). Centrally located on the first floor of Conyngham, tutoring is offered in most 100 and 200-level courses. Appointments are made online or by visiting Mr. Alberto Prado, Academic Support Coordinator. Peer Tutoring appointments can be made 24/7 online. Visit: http://tutortrac.wilkes.edu/

**Supplemental Instruction (SI)**
For some particularly challenging courses, students may participate in Supplemental Instruction (SI). SI is a nationally-recognized academic enrichment program that utilizes peer-assisted study sessions designed to improve academic performance. Attendance is voluntary. SI sessions offer a chance to get together with people in the same class 2-3 times per week to compare notes, discuss important concepts, and to develop strategies for studying the subject. Come to SI and test yourself—so that when he/she does, you’ll be ready! At each session you will be guided through this material by your SI Leader, a competent student who has previously taken the course and done well!

**Disability Support Services**
Wilkes University is committed to providing equal educational opportunity for all students who meet the academic admission requirements. Disability Support Services helps to provide the support and accommodations for self-identified students with documented disabilities. For more information, contact Ms. Sandra Rendina, Academic Support Coordinator.

**Academic Counseling & Coaching and Learning Skills Program**
This program creates opportunities for students to identify and develop appropriate stategies to improve their learning. Workshops assist students to develop a number of essential skills for leaning in college (see below). Student can also work with a University College professional one-on-one for academic counseling and coaching sessions to create and individual plan for success. Sessions focus on identifying academic difficulties, skills and strategy development, referrals, and support. For more information, contact Ms. Katy Betnar, Learning Specialist.

**Intro to Academic Success Tuesday, Sept. 7th 11-12**
Provides students with tips for beginning the semester strong, describes the academic support programs and services available to students, and introduces some of the University College Staff.

**Goal Setting & Motivation Tuesday, Sept. 21st 11-12**
The reason why most people don’t achieve goals is because they never set them. This workshop will offer practical methods for setting and achieving your goals.

**Preparing for & Taking Exams Tuesday, Oct. 5th 11-12**
Do you prepare for tests only to find that you completely blank out when the test is placed in front of you? Are your grades below your expectations? Learn tips about taking certain types of tests: multiple choice, essay, true/false, etc. Get information to make your test preparation more productive and better manage test-taking jitters.

**Strategic Time/Task Management Tuesday, Sept. 14th 11-12**
Don’t let college manage you... Take charge of your time. Learn how to organize your responsibilities to enhance your productivity. This workshop will help you examine how you spend your time and how you might be able to become more efficient in your role as a student.

**Note-taking Tuesday, Sept. 28th 11-12**
Discover the secrets to successful note-taking. Come learn how to become a more effective and engaged note-taker. Note-taking methods to improve the structure and organization of study materials as well as different study strategies to improve your grades will be discussed.

**Relaxation & Test Anxiety Tuesday, Oct. 12th 11-12**
It is quite natural for a student to be nervous before a big exam. While research shows that some anxiety can be helpful, too much anxiety leads to a rapid decrease in thinking and an inability to focus and concentrate. Come to this session to learn strategies for how you can keep your stomach from doing flips and stay calm enough to recall all the names, dates, and other important information.

“Success is a science; if you have the conditions, you get the result.” – Oscar Wilde
Staff

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